

Grade 2

Demonstrates competency in a variety of motor skills and movement patterns. 1

Sports Skills and Games

- 1 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative skills. 1.1.2

Dance, Movement, and Rhythmic Activities

- 2 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative skills in dance, movement, and rhythmic activities. 1.2.2

Fitness Activities

- 3 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative movement skills. 1.3.2

Lifetime Activities

- 4 Demonstrates, in isolation, mature patterns of locomotor, non-locomotor, and manipulative movement skills. 1.4.2

Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance. 2

Movement Concepts

- 1 Demonstrates a combination of movement concepts into simple travel. 2.1.2

Strategies and Tactics

The outcomes for 2.2. begin in grade 3.

Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. 3

Fitness Planning

- 1 Explains the effects of physical activity on the body. 3.1.2

Additional Health-Enhancing Behaviors

- 2 Explains how health-enhancing behaviors influence overall wellness. 3.2.2

Exhibits responsible personal and social behavior that respects self and others. 4

Self-awareness and management

- 1 Identifies responsible personal behavior and responds appropriately to feedback in physical activity settings. 4.1.2

Social awareness and relationship skills

- 2 Identifies the importance of personal and social responsibility in physical activity settings. 4.2.2

Responsible decision making

- 3 Identifies strategies to reinforce positive decisions in physical activity settings. 4.3.2
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Recognizes the value of physical activity for overall wellness, enjoyment, challenge, and/or self-expression. 5

Overall Wellness

The outcomes for 5.1. begin in grade 3.

Challenge

- 2 Identifies reasons physical activity skills are potentially challenging. 5.2.2
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Self-Expression/Enjoyment

- 3 Identifies physical activities that provide opportunities for self-expression. 5.3.2
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Recognizes career opportunities and manages personal and community resources related to physical activity and fitness to achieve and maintain overall wellness. 6

Personal and Community Resources

- 1 Identifies community resources that are available for participation in physical activity. 6.1.2
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Careers

The outcomes for 6.2. begin in grade 6.