

Approaches to Learning and Play

Mindset: involves children’s developing ability to regulate their emotions, thoughts and behavior to enable them to act in positive ways toward a goal. 3

a Engagement 3.A

1 34-48 months 3.A.1

- 1 Eagerly chooses to be involved in a variety of tasks and activities. 3.A.1.1**
- 2 Has capacity to maintain involvement and concentration for a meaningful period of time. 3.A.1.2**

2 46-60 months End of Preschool Standards 3.A.2

- 1 Participates with pleasure, enthusiasm and dedication in self chosen activities. 3.A.2.1**
- 2 Consistently remains engaged in self-directed play even with distractions, can maintain focus and return to an activity after a break. 3.A.2.2**

b Persistence 3.B

1 34-48 months 3.B.1

- 1 Engages in a variety of activities through a play period. 3.B.1.1
- 2 During times of distraction, maintains concentration with increased focus. 3.B.1.2
- 3 Can increasingly work through challenges and frustrations in play with adult support. 3.B.1.3
- 4 Sees simple tasks through to completion. 3.B.1.4
- 5 Begins to set goals, develop plans, and complete tasks. 3.B.1.5

2 46-60 months End of Preschool Standards 3.B.2

- 1 Purposefully chooses, engages and persists in play, experiences and projects. 3.B.2.1
- 2 Works through challenges with increasing independence while engaged in self-selected activities. 3.B.2.2
- 3 Demonstrates resilience and coping skills when faced with reasonable challenges, using an increased ability to regulate frustration over time. 3.B.2.3
- 4 Chooses to leave a project and return to it later for follow through or elaboration. 3.B.2.4
- 5 Chooses to repeat experiences to build competence and explore, change and extend ideas. 3.B.2.5
- 6 Keeps trying and flexibly adapts strategies when encountering difficulties. 3.B.2.6

c Initiative 3.C**1 34-48 months 3.C.1**

- 1 Shows interest in how and why others do things. 3.C.1.1
- 2 Assists adults with daily tasks. 3.C.1.2
- 3 Expresses interest in a widening range of topics and ideas. 3.C.1.3
- 4 Demonstrates ability to make independent choices. 3.C.1.4

2 46-60 months End of Preschool Standards 3.C.2

- 1 Asks to join in play already in progress. 3.C.2.1
- 2 Tells the difference between appropriate and inappropriate risk-taking. 3.C.2.2
- 3 Offers to help adults or peers with daily tasks. 3.C.2.3
- 4 Independently seeks, accepts or offers help or information for further understanding. 3.C.2.4
- 5 Can identify and seek materials, strategies and tools they need to complete activities and tasks. 3.C.2.5
- 6 Invents projects and works on them with little assistance. 3.C.2.6
- 7 Sets goals, develops plans, and follows through with self directed projects with increasing independence and/or collaboration. 3.C.2.7

d Curiosity 3.D**1 34-48 months 3.D.1**

- 1 Begins to discover and investigate ideas, task, experiences that interest and amaze them. 3.D.1.1
- 2 Uses senses to gather information and understanding about materials and ideas. 3.D.1.2
- 3 Asks questions “What would happen if…” 3.D.1.3
- 4 Tries new ways to accomplish tasks. 3.D.1.4
- 5 Describes what was learned from an activity. 3.D.1.5
- 6 Explores a variety of materials and experiences. 3.D.1.6

2 46-60 months End of Preschool Standards 3.D.2

- 1 Discovers and investigates ideas, tasks, experiences that interest and amaze them. 3.D.2.1
 - 2 Carries out investigations using familiar and new strategies, tools, or sources of information. 3.D.2.2
 - 3 Approaches tasks and activities with increasing flexibility, complexity, imagination and inventiveness. 3.D.2.3
 - 4 Chooses to take opportunities to explore a variety of materials and experiences, seeking out new challenges. 3.D.2.4
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Executive Function 4

a Reflection 4.A

- 1 34-48 months 4.A.1
 - 1 Notices changes and accomplishments from experimentation and trial and error. 4.A.1.1
 - 2 Increasingly applies learning from prior experiences and understanding to new learning situations. 4.A.1.2
 - 3 Makes predictions about what will happen next. 4.A.1.3
 - 4 Explains part or all of the problem and the exploration to adults or peers. 4.A.1.4
 - 2 46-60 months End of Preschool Standards 4.A.2
 - 1 Thinks about multiple options, choices and decides if they are useful and if not, tries another. 4.A.2.1
 - 2 Applies prior experiences, senses, and knowledge to new learning situations. 4.A.2.2
 - 3 Discovers and finds patterns and relationships. 4.A.2.3
 - 4 Draws on information to be able to review and anticipate to make if-then connections and contemplate what if situations that have not actually occurred. 4.A.2.4
 - 5 Discusses or documents important aspects of an experience and identifies what was learned. 4.A.2.5
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b Problem Solving 4.B

- 1 34-48 months 4.B.1
 - 1 Recognizes when something might be a problem or challenge. 4.B.1.1
 - 2 With prompting and support begins to attempt to solve a problem. 4.B.1.2
 - 3 Begins to use appropriate communication or action when conflicts arise. 4.B.1.3
- 2 46-60 months End of Preschool Standards 4.B.2
 - 1 Predicts when something might be a problem or challenge. 4.B.2.1
 - 2 Recognizes that problems exist and learns how to resolve simple conflicts independently or collaboratively. 4.B.2.2
 - 3 Maintains communication and problem solving skills when finding a solution to conflicts. 4.B.2.3

c Flexibility 4.C

1 34-48 months 4.C.1

- 1** Generates and shares ideas during social interactions and dramatic play. 4.C.1.1
- 2** Accepts more than one solution to a question, task, or problem. 4.C.1.2
- 3** Seeks guidance from adults and/or accepts suggestions to try different approaches and solutions to tasks, problems and interactions with peers. 4.C.1.3
- 4** Can adjust emotions and behavior to changes. 4.C.1.4

2 46-60 months End of Preschool Standards 4.C.2

- 1** Independently alters approach to tasks or problem when initial approach does not work. 4.C.2.1
 - 2** Considers, predicts and implements different approaches to carrying out a task. 4.C.2.2
 - 3** Demonstrates innovative thinking. 4.C.2.3
 - 4** Is able to manage a change in rules or accepts the ideas of peers during play. 4.C.2.4
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Creativity, Invention, and Imagination: involves finding new ways to express ideas, use objects, and solve problems through visual arts, movement, dance, music and dramatic play. 5

a Visual Arts 5.A

1 34-48 months 5.A.1

- 1** Uses self-selected materials to engage in art experiences. 5.A.1.1
- 2** Shares art materials and space. Begins to work collaboratively with peers on artworks. 5.A.1.2
- 3** Uses color, lines and shapes to represent and express ideas. 5.A.1.3
- 4** Uses and explores art materials to stimulate the senses. Uses sensory information to create works of art. 5.A.1.4
- 5** Explores a variety of art elements and materials to represent creative thought, life experiences and real things in the environment. 5.A.1.5
- 6** With support talks about creative process. 5.A.1.6
- 7** Begins to identify artwork to be shared with others. 5.A.1.7
- 8** With support begins to make comments or share observations of the art expression of others. 5.A.1.8
- 9** Explores multicultural art styles and materials. 5.A.1.9

2 46-60 months End of Preschool Standards 5.A.2

- 1** Shows interest or participates in different art media and materials in a variety of ways for creative expression and representation. 5.A.2.1
- 2** Shows increasing engagement in art materials to express ideas and interests. 5.A.2.2
- 3** Works cooperatively to create drawings, paintings, sculptures, and other art projects. 5.A.2.3
- 4** Progresses in abilities to create with a variety of media that reflect more detail, uniqueness, and/or realism. 5.A.2.4
- 5** Explores and utilizes art materials appropriately. 5.A.2.5
- 6** Describes the process and style of personal artwork. 5.A.2.6
- 7** Selects pieces for display. 5.A.2.7
- 8** Listens, comments and shows appreciation for the art expression of others. 5.A.2.8
- 9** Explores diverse art forms, elements and styles for representing ideas, creative thought and to support learning in other learning domains. 5.A.2.9
- 10** Observes, discusses and may utilize multicultural art styles and materials. 5.A.2.10

b Movement and Dance 5.B**1** 34-48 months 5.B.1

- 1 Participates in a variety of rhythmic and creative movement experiences. 5.B.1.1
- 2 Develops increasing body control, body awareness during creative movement. 5.B.1.2
- 3 Begins to connect body movements to music, song or creative ideas. 5.B.1.3
- 4 Begins to participate in group movement/dance. 5.B.1.4

2 46-60 months End of Preschool Standards 5.B.2

- 1 Moves in response to different styles of music. 5.B.2.1
- 2 Uses creative movement that expresses an idea or feeling. 5.B.2.2
- 3 Combines creative movement with sound, song/chants and/ or instruments to express ideas or retell a story. 5.B.2.3
- 4 Engages in and collaborates during group creative movement/dance. 5.B.2.4

c Music 5.C**1** 34-48 months 5.C.1

- 1 Claps hands to keep the beat to a song. 5.C.1.1
- 2 Participates in slow and fast tempo as well as low and high sounds. 5.C.1.2
- 3 Participates with simple songs that have a rhythm and pattern. 5.C.1.3
- 4 Imitates sounds that demonstrate musical awareness. 5.C.1.4
- 5 Experiments with a variety of musical instruments. 5.C.1.5

2 46-60 months End of Preschool Standards 5.C.2

- 1 Uses body percussion to demonstrate beat and tempo. 5.C.2.1
- 2 Shows increasing ability to recognize tempo changes and different styles of music. 5.C.2.2
- 3 Increasing ability to adapt to pitch and sounds. 5.C.2.3
- 4 Sings songs with varied lyrics and patterns. 5.C.2.4
- 5 Improvises with sound effects. 5.C.2.5
- 6 Uses musical instruments to imitate and improvise songs, melodies, and patterns. 5.C.2.6
- 7 Explores music and instruments from other cultures. 5.C.2.7

d Dramatic Play and Expression 5.D

1 34-48 months 5.D.1

- 1 Begins to use inanimate objects to represent real life objects (e.g. uses banana as a phone). 5.D.1.1
- 2 Begins to role play real life experiences (e.g., pretend to listen to your heart). 5.D.1.2
- 3 Mimics movements, sounds, and expressions of real-life experiences. 5.D.1.3
- 4 Imitates repeated verses in stories. 5.D.1.4

2 46-60 months End of Preschool Standards 5.D.2

- 1 Uses inanimate objects for other than their intended purpose to create representations of real-life objects or activities. 5.D.2.1
- 2 Represents fantasy and real-life experiences through pretend play and may use props. 5.D.2.2
- 3 Uses pretend play to represent known or anticipated situations. 5.D.2.3
- 4 Creates characters through physical movement, gesture, sound, speech and facial expressions. 5.D.2.4
- 5 With prompting and support, children assume the roles of characters, using props and language to tell or retell a story. 5.D.2.5