

# Grades K, 1, 2, 3 (1997)

Adopted 1997

**Develop self-awareness and self-management skills to achieve school and life success.**

**Identify and manage one's emotions and behavior.**

- 1a. Recognize and accurately label emotions and how they are linked to behavior. 1A.1A
- 1b. Demonstrate control of impulsive behavior. 1A.1B

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**Recognize personal qualities and external supports.**

- 1a. Identify one's likes and dislikes, needs and wants, strengths and challenges. 1B.1A
- 1b. Identify family, peer, school, and community strengths. 1B.1B

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**Demonstrate skills related to achieving personal and academic goals.**

- 1a. Describe why school is important in helping students achieve personal goals. 1C.1A
- 1b. Identify goals for academic success and classroom behavior. 1C.1B

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**Use social-awareness and interpersonal skills to establish and maintain positive relationships.**

**Recognize the feelings and perspectives of others.**

- 1a. Recognize that others may experience situations differently from oneself. 2A.1A
- 1b. Use listening skills to identify the feelings and perspectives of others. 2A.1B

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**Recognize individual and group similarities and differences.**

- 1a. Describe the ways that people are similar and different. 2B.1A
- 1b. Describe positive qualities in others. 2B.1B

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**Use communication and social skills to interact effectively with others.**

- 1a. Identify ways to work and play well with others. 2C.1A
- 1b. Demonstrate appropriate social and classroom behavior. 2C.1B

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**Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.**

- 1a. Identify problems and conflicts commonly experienced by peers. 2D.1A
  - 1b. Identify approaches to resolving conflicts constructively. 2D.1B
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**Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.**

**Consider ethical, safety, and societal factors in making decisions.**

- 1a. Explain why unprovoked acts that hurt others are wrong. 3A.1A
  - 1b. Identify social norms and safety considerations that guide behavior. 3A.1B
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**Apply decision-making skills to deal responsibly with daily academic and social situations.**

- 1a. Identify a range of decisions that students make at school. 3B.1A
  - 1b. Make positive choices when interacting with classmates. 3B.1B
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**Contribute to the well-being of one's school and community.**

- 1a. Identify and perform roles that contribute to one's classroom. 3C.1A
- 1b. Identify and perform roles that contribute to one's family. 3C.1B