

# Grades 4, 5 (1997)

Adopted 1997

**Develop self-awareness and self-management skills to achieve school and life success.**

**Identify and manage one's emotions and behavior.**

2a. Describe a range of emotions and the situations that cause them. 1A.2A

2b. Describe and demonstrate ways to express emotions in a socially acceptable manner. 1A.2B

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**Recognize personal qualities and external supports.**

2a. Describe personal skills and interests that one wants to develop. 1B.2A

2b. Explain how family members, peers, school personnel, and community members can support school success and responsible behavior. 1B.2B

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**Demonstrate skills related to achieving personal and academic goals.**

2a. Describe the steps in setting and working toward goal achievement. 1C.2A

2b. Monitor progress on achieving a short-term personal goal. 1C.2B

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**Use social-awareness and interpersonal skills to establish and maintain positive relationships.**

**Recognize the feelings and perspectives of others.**

2a. Identify verbal, physical, and situational cues that indicate how others may feel. 2A.2A

2b. Describe the expressed feelings and perspectives of others. 2A.2B

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**Recognize individual and group similarities and differences.**

2a. Identify differences among and contributions of various social and cultural groups. 2B.2A

2b. Demonstrate how to work effectively with those who are different from oneself. 2B.2B

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**Use communication and social skills to interact effectively with others.**

2a. Describe approaches for making and keeping friends. 2C.2A

2b. Analyze ways to work effectively in groups. 2C.2B

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**Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.**

2a. Describe causes and consequences of conflicts. 2D.2A

2b. Apply constructive approaches in resolving conflicts. 2D.2B

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**Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.**

**Consider ethical, safety, and societal factors in making decisions.**

- 2a. Demonstrate the ability to respect the rights of self and others. 3A.2A
  - 2b. Demonstrate knowledge of how social norms affect decision making and behavior. 3A.2B
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**Apply decision-making skills to deal responsibly with daily academic and social situations.**

- 2a. Identify and apply the steps of systematic decision making. 3B.2A
  - 2b. Generate alternative solutions and evaluate their consequences for a range of academic and social situations. 3B.2B
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**Contribute to the well-being of one's school and community.**

- 2a. Identify and perform roles that contribute to the school community. 3C.2A
- 2b. Identify and perform roles that contribute to one's local community. 3C.2B