

# Teen Living (2016)

## Examine Factors that Impact Personal Development

**1.01** Explore development that occurs during the teen years 1.01

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**1.02** Analyze the importance of critical thinking 1.02

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**1.03** Assess personal safety and the proper uses of technology tools and social media 1.03

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## Explore Contemporary Family Relationships

**2.01** Explain family roles and responsibilities across the lifespan 2.01

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**2.02** Develop ways to improve family relationships 2.02

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**2.03** Analyze life events and experiences that impact the family 2.03

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## Explore Early Childhood Development and Care

**3.01** Explain the importance of a safe home environment 3.01

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**3.02** Explore early childhood development 3.02

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**3.03** Explore the responsibilities and duties of a successful caregiver 3.03

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## Develop Healthy Relationship Practices

**4.01** Explore friendships and healthy relationships 4.01

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**4.02** Demonstrate communication skills that contribute to positive relationships 4.02

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**4.03** Analyze ways to prevent and reduce conflict and youth violence 4.03

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## Explore Life and Resource Management

**5.01** Develop personal goals and a time management plan 5.01

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**5.02** Explore effective money management skills 5.02

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**5.03** Explain fashion trends and peer influences on clothing 5.03

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**5.04** Develop safe skills for clothing construction 5.04

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**5.05** Develop skills in clothing care and maintenance 5.05

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**5.06** Describe the importance of family housing 5.06

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**5.07** Apply elements and principles of design to personal space 5.07

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**5.08** Develop skills to keep home and personal space clean and safe 5.08

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**Develop Healthy  
Nutrition Practices**

**6.01** Plan food choices that meet nutrition guidelines 6.01

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**6.02** Explore factors that affect kitchen safety, sanitation and management 6.02

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**6.03** Demonstrate ways to prepare simple healthy meals and snacks 6.03

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**Apply Career Ready  
Practices**

**7.01** Explore ways to balance the responsibilities of family, school, and work 7.01

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**7.02** Research careers options 7.02

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**7.03** Explore teen job possibilities that support a career goal 7.03

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**7.04** Demonstrate a positive work ethic 7.04

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**7.05** Demonstrate ways to improve cooperation, teamwork, and leadership 7.05

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