

# 36-48 months

## Physical Development and Motor Skills PDM

### Strand HEALTH & WELL-BEING

#### Standard PDM PDM1

- a Stays awake except during nap time. PDM1.3A
- b Actively participates in a variety of both structured and unstructured indoor and outdoor activities for sustained periods of time. PDM1.3B
- c Independently shows awareness of dangerous situations and responds with some knowledge of safety instructions. PDM1.3C
- d Communicates to peers and adults when dangerous situations are observed. PDM1.3D
- e Attends to personal health routines and self-care needs independently. PDM1.3E

#### Standard The child will participate in activities related to nutrition. PDM2

- a Helps prepare nutritious snacks. PDM2.3A
- b Distinguishes healthy food choices from less-healthy food choices. PDM2.3B

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### Strand USE OF SENSES

#### Standard The child will demonstrate an awareness of the body in space and child's relationship to objects in space. PDM3

- a Acts and moves with purpose and recognizes differences in direction, distance and location with some adult assistance. PDM3.3A
- b Demonstrates awareness of his/her own body in relation to others. PDM3.3B

#### Standard The child will use senses (sight, touch, hearing, smell and taste) to explore the environment and process information. PDM4

- a Uses senses purposefully to learn about objects. PDM4.3A
- b Takes things apart and attempts to put them back together. PDM4.3B

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**Strand MOTOR SKILLS**

**Standard** The child will demonstrate gross motor skills. **PDM5**

- a Coordinates movements to perform a task. **PDM5.3A**
- b Demonstrates coordination and balance. **PDM5.3B**

**Standard** The child will demonstrate fine motor skills. **PDM6**

- a Refines grasp to manipulate tools and objects. **PDM6.3A**
- b Uses hand-eye coordination to manipulate smaller objects with increasing control. **PDM6.3B**

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**Social and Emotional Development** **SED****Strand DEVELOPING A SENSE OF SELF**

**Standard** The child will develop self-awareness. **SED1**

- a Recognizes self as a unique individual. **SED1.3A**
- b Demonstrates knowledge of personal information. **SED1.3B**
- c Shows sense of satisfaction in his/her own abilities, preferences and accomplishments. **SED1.3C**
- d Shows emerging sense of independence in his/her own choices. **SED1.3D**

**Standard** The child will engage in self-expression. **SED2**

- a Uses a combination of words, phrases and actions to communicate needs, ideas, opinions and preferences. **SED2.3A**
- b With adult guidance, uses verbal and nonverbal expressions to demonstrate a larger range of emotions, such as frustration, jealousy and enthusiasm. **SED2.3B**

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**Strand SELF-REGULATION**

**Standard** The child will begin to demonstrate self-control. **SED3**

- a Remembers and follows simple group rules and displays appropriate social behavior. **SED3.3A**
- b Regulates own emotions and behaviors with adult support when needed. **SED3.3B**
- c Regulates impulses with adult guidance. **SED3.3C**
- d Manages transitions and adapts to changes in schedules and routines with adult support. **SED3.3D**

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**Strand DEVELOPING A SENSE OF SELF WITH OTHERS**

**Standard** The child will develop relationships and social skills with adults. **SED4**

- a Shows signs of security and trust when separated from familiar adults. **SED4.3A**
- b Uses a familiar adult's facial expression to decide how to respond. **SED4.3B**
- c Shows affection to familiar adults by using words and actions. **SED4.3C**
- d Seeks out adult for help. **SED4.3D**

**Standard** The child will develop relationships and social skills with peers. **SED5**

- a Initiates play with one or two other children. **SED5.3A**
- b Engages in mutual/cooperative play. **SED5.3B**
- c Seeks adult support to resolve some peer conflicts. **SED5.3C**
- d Recognizes and names the feelings of peers. **SED5.3D**
- e Shows emerging respect for peers' personal space and belongings. **SED5.3E**

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**Approaches to Play and Learning** **APL****Strand INITIATIVE AND EXPLORATION**

**Standard** The child will demonstrate initiative and self-direction. **APL1**

- a Initiates new tasks by himself/herself. **APL3A**
- b Makes choices and completes some independent activities. **APL3B**
- c Makes plans and follows through on intentions. **APL3C**

**Standard** The child will demonstrate interest and curiosity. **APL2**

- a Demonstrates an increased willingness to participate in both familiar and new experiences. **APL2.3A**
- b Asks questions about unfamiliar objects, people and experiences. **APL2.3B**
- c Explores and manipulates both familiar and unfamiliar objects in the environment. **APL2.3C**

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**Strand ATTENTIVENESS AND PERSISTENCE**

- Standard** The child will sustain attention to a specific activity and demonstrate persistence. **APL3**
- a** Engages in an activity for sustained periods of time to achieve a goal. **APL3.3A**
  - b** Wants to complete activities and do them well. **APL3.3B**
  - c** Begins to work cooperatively with others to achieve a goal or accomplish a task. **APL3.3C**
  - d** Keeps working on activity even after setbacks. **APL3.3D**
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**Strand PLAY**

- Standard** The child will engage in a progression of imaginative play. **APL4**
- a** Uses imagination to create a variety of ideas, role-plays and fantasy situations. **APL4.3A**
- Standard** The child will demonstrate a cooperative and flexible approach to play and learning. **APL5**
- a** Occasionally joins in cooperative play and learning in a group setting. **APL5.3A**
  - b** Plans, initiates and completes cooperative activities with adult guidance. **APL5.3B**
  - c** Finds a creative, inventive way of doing a familiar task or solving a problem with adult guidance. **APL5.3C**
  - d** Demonstrates emerging flexibility in his/her approach to play and learning. **APL5.3D**
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**Communication,  
Language and  
Literacy **CLL******Strand RECEPTIVE LANGUAGE**

- Standard** The child will listen to conversations and demonstrate comprehension. **CLL1**
- a** Listens and responds to conversations and group discussions. **CLL1.3A**
  - b** Listens to and follows multi-step directions with support. **CLL1.3B**
  - c** Responds to more complex questions with appropriate answers. **CLL1.3C**
- Standard** The child will acquire vocabulary introduced in conversations, activities, stories and/or books. **CLL2**
- a** Demonstrates understanding of vocabulary through everyday conversations. **CLL2.3A**
  - b** Listens and understands new vocabulary from activities, stories and books. **CLL2.3B**

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**Strand EXPRESSIVE LANGUAGE**

**Standard** The child will use nonverbal communication for a variety of purposes. **CLL3**

- a** Uses gestures and actions to enhance verbal communication of needs and wants. **CLL3.3A**
- b** Communicates feelings using nonverbal gestures and actions. **CLL3.3B**

**Standard** The child will use increasingly complex spoken language. **CLL4**

- a** Speaks clearly enough to be understood. **CLL4.3A**
- b** Demonstrates use of expanded sentences and sentence structures. **CLL4.3B**
- c** Describes activities and experiences using details. **CLL4.3C**
- d** Uses expanded vocabulary in a variety of situations. **CLL4.3D**

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**Strand EARLY READING**

- Standard** The child will acquire meaning from a variety of materials read to him/her. **CLL5**
- a Prior to reading, uses pictures to predict story content. **CLL5.3A**
  - b With prompting and support, retells a simple story using pictures. **CLL5.3B**
  - c Answers questions about a story. **CLL5.3C**
- Standard** The child will develop early phonological awareness (awareness of the units of sound). **CLL6**
- a Listens and matches rhythm, volume and pitch of rhymes, songs and chants. **CLL6.3A**
  - b Identifies and produces rhyming words with adult guidance. **CLL6.3B**
  - d Segments sentences into individual words with adult guidance. **CLL6.3D**
  - e Segments words into syllables with adult guidance. **CLL6.3E**
- Standard** The child will demonstrate increasing knowledge of the alphabet. **CLL7**
- a With prompting and support, can identify some alphabet letter names. **CLL7.3A**
- Standard** The child will demonstrate awareness of print concepts. **CLL8**
- a Shares self-selected familiar books and engages in pretend reading with others. **CLL8.3A**
  - b Discriminates words from pictures independently. **CLL8.3B**
  - c Independently holds a book right side up and turns pages from right to left. **CLL8.3C**
  - d Recognizes environmental print. **CLL8.3D**
  - e With adult guidance, points to the title of familiar books or stories and where to begin reading a story. **CLL8.3E**

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**Straand EARLY WRITING**

- Standard** The child will use writing for a variety of purposes. **CLL9**
- a Creates letter-like symbols. May use invented spelling to label drawings. **CLL9.3A**
  - b Uses writing tools with adult guidance. **CLL9.3B**
  - c Shows emerging awareness that writing can be used for a variety of purposes. **CLL9.3C**
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**Cognitive Development  
and General Knowledge:  
Math** CD-MA

**Strand NUMBER AND QUANTITY**

**Standard** The child will organize, represent and build knowledge of number and quantity. CD-MA1

- a Recites numbers up to 10 in sequence. CD-MA1.3A
- b Recognizes numerals and quantities in the everyday environment. CD-MA1.3B
- c Matches numerals to sets of objects with the same number, 0–5. CD-MA1.3C
- d Identifies quantity and comparisons of quantity. CD-MA1.3D
- e Quickly recognizes and names how many items are in a set of up to three items. CD-MA1.3E

**Standard** The child will manipulate, compare, describe relationships and solve problems using number and quantity. CD-MA2

- a Matches two equal sets using one-to-one correspondence independently. CD-MA2.3A
- b Counts up to five objects using one-to-one correspondence with adult guidance. CD-MA2.3B
- c Recognizes that objects or sets can be combined or separated. CD-MA2.3C
- d Participates in creating and using real and pictorial graphs or other simple representations of data. CD-MA2.3D

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**Strand MEASUREMENT AND COMPARISON**

**Standard** The child will explore and communicate about distance, weight, length, height and time. CD-MA3

- a Labels objects using size words. CD-MA3.3A
- b Compares two or more objects using a single attribute, such as length, weight and size. Matches items of similar sizes. CD-MA3.3B
- c Uses a variety of standard and non-standard tools to measure object attributes with assistance. CD-MA3.3C
- d Predicts upcoming events from prior knowledge. CD-MA3.3D

**Standard** The child will sort, seriate, classify and create patterns. CD-MA4

- a Independently orders objects using one characteristic. CD-MA4.3A
- b Sorts objects by one attribute, such as color, shape or size. CD-MA4.3B
- c Identifies and duplicates simple, repeating patterns. CD-MA4.3C

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**Strand GEOMETRY AND SPATIAL THINKING**

**Standaard** Follows simple directions which demonstrates an understanding of directionality, order and position of objects. **CD-MA5**

- a Follows simple directions which demonstrates an understanding of directionality, order and position of objects. **CD-MA5.3A**
- b Begins using more deliberate manipulation to fit objects together. **CD-MA5.3B**

**Standaard** The child will explore, recognize and describe shapes and shape concepts. **CD-MA6**

- a Recognizes basic, two-dimensional shapes in the environment independently. **CD-MA6.3A**

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**Strand MATHEMATICAL REASONING**

**Standard** The child will use mathematical problem solving, reasoning, estimation and communication. **CD-MA7**

- a Practices estimating using mathematical terms and numbers with adult guidance. **CD-MA7.3A**
- b Shows interest in solving mathematical problems. **CD-MA7.3B**
- c Uses emerging reasoning skills to determine a solution to a mathematical problem. **CD-MA7.3C**

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**Cognitive Development  
and General Knowledge:  
Social Studies** **CD-SS****Strand FAMILY**

**Standard** The child will demonstrate an understanding of his/her family and an emerging awareness of his/her own culture and ethnicity. **CD-SS1**

- a Identifies self in relationship to his/her family unit. **CD-SS1.3A**
- b Identifies similarities and differences between self and others. **CD-SS1.3B**

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**Strand PEOPLE AND COMMUNITY**

- Standard** The child will demonstrate an understanding of his/her community and an emerging awareness of others' cultures and ethnicity. **CD-SS2**
- a** Remembers rules of the classroom community and displays appropriate social behavior. **CD-SS2.3A**
  - b** Explains traditions and cultural celebrations of his/her own family. **CD-SS2.3B**
  - c** Asks simple questions about others' cultures. **CD-SS2.3C**
- Standard** The child will demonstrate an awareness of the geography in his/her community. **CD-SS3**
- a** Identifies locations of people and objects. **CD-SS3.3A**
  - b** Identifies and describes some aspects of his/her community. **CD-SS3.3B**
- Standard** The child will demonstrate an awareness of economics in his/her community. **CD-SS4**
- a** Completes jobs to contribute to his/her community. **CD-SS4.3A**
  - b** Recognizes a variety of occupations and work associated with him/her. **CD-SS4.3B**
  - c** Recognizes that people work to earn a living. **CD-SS4.3C**
  - d** Explores the uses of technology **CD-SS4.3D**

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**Strand HISTORY AND EVENTS**

- Standard** The child will understand the passage of time and how events are related. **CD-SS5**
- a** Recognizes and describes sequence of events. **CD-SS5.3A**

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**Cognitive Development  
and General Knowledge:  
Science** **CD-SC****Strand SCIENTIFIC SKILLS AND METHODS**

- Standard** The child will demonstrate scientific inquiry skills. **CD-SC1**
- a** Uses senses to observe and experience objects and environment. **CD-SC1.3A**
  - b** Uses simple tools to experiment and observe. **CD-SC1.3B**
  - c** Records observations through drawings or dictations with adult guidance. **CD-SC1.3C**
  - d** Participates in simple experiments and discusses scientific properties. **CD-SC1.3D**

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**Strand EARTH AND SPACE**

**Standard** The child will demonstrate knowledge related to the dynamic properties of earth and sky. **CD-SC2**

- a** Investigates and asks questions about the properties of water using adult- and child-directed activities. **CD-SC2.3A**
- b** Investigates properties of rocks, sand, soil and mud using adult- and child-directed activities. **CD-SC2.3B**
- c** Asks questions/shows curiosity about objects in the sky and describes appropriate daytime and nighttime activities. **CD-SC2.3C**
- d** Observes and discusses changes in weather from day to day. **CD-SC2.3D**

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**Strand Living Things**

**Standard** The child will demonstrate knowledge of living things and their environments. **CD-SC3**

- a** Observes and explores a variety of plants and animals, and their environments and life cycles. **CD-SC3.3A**
- b** Identifies the physical properties of some living and non-living things. **CD-SC3.3B**
- c** Identifies and describes the functions of a few body parts. **CD-SC3.3C**

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**Strand PHYSICAL SCIENCE**

**Standard** The child will demonstrate knowledge related to physical science. **CD-SC4**

- a** Independently investigates objects and toys that require positioning and movement. **CD-SC4.3A**
- b** Investigates different types or speeds of motion. **CD-SC4.3B**
- c** Explores and identifies physical properties and states of matter of common classroom objects. **CD-SC4.3C**
- d** Uses classroom objects that function as simple machines. **CD-SC4.3D**

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**Strand INTERACTION WITH ENVIRONMENT**

**Standard** The child will demonstrate an awareness of and the need to protect his/her environment. **CD-SC5**

- a** Participates in efforts to protect the environment. **CD-SC5.3A**
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**Cognitive Development  
and General Knowledge:  
Creative  
Development** CD-CR

**Strand CREATIVE MOVEMENT AND DANCE**

- Standard** The child will participate in dance to express creativity. CD-CR1
- a Repeats choreographed movements and begins to express creativity in movements. CD-CR1.3A
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**Strand VISUAL ARTS**

- Standard** The child will create and explore visual art forms to develop artistic expression. CD-CR2
- a Uses a variety of tools and art media to express individual creativity. CD-CR2.3A
  - b Observes and discusses visual art forms. CD-CR2.3B
  - c Shares ideas about personal creative work. CD-CR2.3C
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**Strand MUSIC**

- Standard** The child will use his/her voice, instruments and objects to express creativity. CD-CR3
- a Participates in classroom activities with musical instruments and singing to express creativity CD-CR3.3A
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**Strand DRAMA**

- Standard** The child will use dramatic play to express creativity. CD-CR4
- a Participates in dramatic play presentations with a CD-CR4.3A
  - b Re-creates a familiar story using action and objects (props) individually or cooperatively. CD-CR4.3B
  - c Creates various voice inflections and facial expressions in play. CD-CR4.3C
  - d Identifies real and make-believe situations through dramatic play. CD-CR4.3D
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**Cognitive Development  
and General Knowledge:  
Cognitive Processes** CD-  
CP

**Strand THINKING SKILLS**

**Standard** The child will demonstrate awareness of cause and effect. CD-CP1

- a Intentionally carries out an action with an understanding of the effect it will cause. CD-CP1.3A
- b Expresses beginning understanding of reasoning skills. CD-CP1.3B

**Standard** The child will use prior knowledge to build new knowledge. CD-CP2

- a Uses objects as intended in new activities. CD-CP2.3A
- b Uses observation and imitation to acquire knowledge. CD-CP2.3B
- c Identifies familiar objects and people in new situations. CD-CP2.3C
- d Uses clues and sequence of events to infer and predict what will happen next. CD-CP2.3D
- e Discusses how new learning related to concrete objects is based on prior knowledge. CD-CP2.3E

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**Strand PROBLEM SOLVING**

**Standard** The child will demonstrate problem-solving skills. CD-CP3

- a Demonstrates multiple uses for objects to solve problems. CD-CP3.3A
- b Tests different possibilities to determine the best solution to a problem. CD-CP3.3B