

# Keystone (2022-23): Grades 9, 10

**Determine and discuss the value of professionalism and involvement in professional, academic, and leadership activities.** 1.0

**1.1 Analyze results of state-approved assessments to identify individual abilities, skills, interests and aptitudes.** 1.1

1.1.1 Interpret results from a variety of interest and skill assessments. 1.1.1

1.1.2 Assess personality traits to determine strengths, weaknesses and insight to focused achievement. 1.1.2

1.1.3 Connect personal learning style to academic success. 1.1.3

1.1.4 Investigate career choices reflective of one's aptitudes and work preferences. 1.1.4

1.1.5 Assess personal health and investigate the effect of overall health and wellness on individual growth, performance, and achievement. 1.1.5

---

**1.2 Assess the impact of personal values and belief systems on behavior in public.** 1.2

1.2.1 Examine the relationship between values, principles and morals, exploring personal emotions and behaviors that cause conflict in personal and work related environments. 1.2.1

1.2.2 Investigate the effects of diversity on society, i.e. social, cultural, religious, age, gender, socioeconomic status, etc. 1.2.2

1.2.3 Assess personal work values and how those values contribute to success. 1.2.3

1.2.4 Develop and Implement a conflict resolution strategy. 1.2.4

---

**1.3 Implement specific strategies and self-management skills for personal success in school or on the job.** 1.3

1.3.1 Assess the importance of organizational skills to personal effectiveness. 1.3.1

1.3.2 Successfully implement a decision-making model. 1.3.2

1.3.3 Analyze self-management skills that may be adopted to improve personal academic and career success. 1.3.3

---

**1.4 Assess the effect that one's attitude has on their success in college and career readiness.** 1.4

- 1.4.1 Research and define positive and negative attitudes and the effects of attitude on success. 1.4.1
- 1.4.2 Examine ways individuals benefit from a positive attitude and personal motivation. 1.4.2
- 1.4.3 Analyze factors that produce negative attitude and available resources to overcome it. 1.4.3

---

**1.5 Assess self-efficacy to determine subsequent performance.** 1.5

- 1.5.1 Determine factors that influence self-efficacy 1.5.1
- 1.5.2 Evaluate personal self-esteem to determine the need for self-improvement. 1.5.2
- 1.5.3 Analyze the role that self-confidence has on potential success within a chosen career focus. 1.5.3

---

**Analyze and model the skills necessary for personal, academic and career success.** 2.0

**2.1 Develop a goal-setting strategy to use as a personal management tool.** 2.1

- 2.1.1 Assess the benefits of goal-setting and achievement in school, community, workplace, and society. 2.1.1
- 2.1.2 Investigate local/regional career opportunities relative to career goals. 2.1.2
- 2.1.3 Evaluate the effectiveness of personal career goals in meeting personal, financial, and lifestyle goals. 2.1.3

---

**2.2 Assess the importance and impact of effective lifelong learning.** 2.2

- 2.2.1 Take pride in work and achievement, understanding that mistakes are essential to the learning process. 2.2.1
- 2.2.2 Examine and critique a variety of learning strategies and study skills necessary for academic success. 2.2.2
- 2.2.3 Determine the appropriate pathway for academic attainment from high school to post-secondary education and training to career opportunities. 2.2.3

---

### **2.3 Develop personal safety and survival skills to maintain progress to reach goals.** 2.3

- 2.3.1 Demonstrate the ability to set boundaries regarding individual rights and personal privacy. 2.3.1
- 2.3.2 Explain the physical and emotional dangers of substance abuse. 2.3.2
- 2.3.3 Assess the need for coping mechanisms for peer pressure, family expectations, stress, and managing life events. 2.3.3
- 2.3.4 Analyze laws and rules relating to the safety of the individual, organization, community and society. 2.3.4
- 2.3.5 Identify school and community resources for health, safety and survival. 2.3.5

---

### **2.4 Demonstrate self-discipline skills necessary academic attainment.** 2.4

- 2.4.1 Investigate the importance of self-control and self-motivation through analyzing examples of self-discipline. 2.4.1
- 2.4.2 Determine the role self-discipline plays in relationships and life success. 2.4.2
- 2.4.3 Explain and give examples of delayed gratification as it pertains to educational attainment and paying one's dues. 2.4.3

---

### **2.5 Demonstrate personal management skills with relation to time, emotional stability, ethics and strategic, analytical and logical thinking.** 2.5

- 2.5.1 Determine one's leadership style through an online assessment and peer observations then Relate one's personal leadership style to being an effective leader. 2.5.1
- 2.5.2 Develop and successfully manage a project from beginning to completion demonstrating the ability to work both independently and cooperatively while taking responsibility for actions 2.5.2
- 2.5.3 Determine effective use and balance of time relating to career development, social interaction and rest. 2.5.3
- 2.5.4 Analyze personal organizational management to determine optimum success without mismanagement. 2.5.4
- 2.5.5 Practice analytical and critical thinking skills, i.e., self-awareness. 2.5.5

---

### **Comprehend the transferrable skills necessary for success in school and on the job.** 3.0

### **3.1 Analyze 21st Century (SCANS) Skills needed for success in today's work environment.** 3.1

- 3.1.1 Identify basic skills needed for employment across all industries. 3.1.1
- 3.1.2 Explain how the SCANS Skills may be applied in a variety of education and workplace settings: Basic & Thinking Skills and Personal Qualities. 3.1.2
- 3.1.3 Analyze the impact of transferrable skills, i.e.21st Century Skills (SCANS) on career options and success. 3.1.3
- 3.1.4 Examine the rights and responsibilities of employees and employers. 3.1.4

---

**3.2 Demonstrate presentation of professional image for effective advancement. 3.2**

- 3.2.1 Identify appropriate attire codes for professional, civic and social settings. 3.2.1
- 3.2.2 Understanding an organizations culture; i.e. formal, laid back. 3.2.2
- 3.2.3 Analyze body language and facial expressions to determine professionalism. 3.2.3

---

**3.3 Demonstrate the ability to think creatively, critically, conceptually, innovatively and intuitively to solve problems, create solutions, plan, organize, and implement strategies. 3.3**

- 3.3.1 Design an educational plan to meet graduation requirements, digital learning requirements, industry certifications, and earn postsecondary education credits with the least amount of high school classes. 3.3.1
- 3.3.2 Demonstrate the ability to create entrepreneurial activities leading to success. 3.3.2

---

**3.4 Demonstrate professionalism in a school or work environment to attain personal goals. 3.4**

- 3.4.1 Define professionalism as it relates to school or a particular career focus. 3.4.1
- 3.4.2 Provide examples of adherence to personal, cultural and professional moral and ethical principles. 3.4.2
- 3.4.3 Analyze appropriate language in regard to jargon, slang, and acronyms. 3.4.3

---

**Demonstrate the ability to develop interpersonal skills for success in school and work. 4.0**

**4.1 Analyze and demonstrate communication techniques to effectively connect with others and build relationships. 4.1**

- 4.1.1 Define and model appropriate listening skills and knowing when to ask questions. 4.1.1
- 4.1.2 Identify effective and ineffective types of communication. 4.1.2
- 4.1.3 Model appropriate and effective verbal communication: with peers and leaders, at school and home, in the community and at the workplace. 4.1.3
- 4.1.4 Understand and demonstrate effective written communication. 4.1.4
- 4.1.5 Analyze the characteristics of effective teams. 4.1.5

---

**4.2 Model positive interpersonal relationship skills to develop interactive team building partnerships among diverse individuals for personal and team success.** 4.2

- 4.2.1 Assess personal social skills for acceptance, inclusion, and ultimate success in the public. 4.2.1
- 4.2.2 Understand the positive effects of feedback and constructive criticism. 4.2.2
- 4.2.3 Recommend ways to promote a healthy balance of multiple life roles. 4.2.3
- 4.2.4 Distinguish between appropriate and inappropriate language and physical contact. 4.2.4
- 4.2.5 Learn to recognize the lasting effects of bullying on the individual and educational environment. 4.2.5

---

**4.3 Analyze social media communications to promote and protect one's image.** 4.3

- 4.3.1 Review dangers of using social media on personal and professional safety. 4.3.1
- 4.3.2 Determine appropriate social media sites for professional recognition. 4.3.2
- 4.3.3 Determine the most effective strategies to promote one's skills, knowledge and abilities. 4.3.3

---

**Create and manage education and training plans to meet personal goals.** 5.0

**5.1 Assess the importance of taking personal responsibility for education and training decisions and career choices.** 5.1

- 5.1.1 Investigate the concept of "Paradigm Shifts". 5.1.1
- 5.1.2 Make the connection between setting S.M.A.R.T. goals and accomplishing one's "mission". 5.1.2
- 5.1.3 Assess the requirements for transitioning from one learning level to the next (MS to HS, HS to post-secondary). 5.1.3

---

**5.2 Employ strategies that promote success in achieving future career goals.** 5.2

- 5.2.1 Compare and contrast wants vs. needs. 5.2.1
- 5.2.2 Apply critical thinking skills to career planning, course selection, and career transition. 5.2.2
- 5.2.3 Develop and maintain a career-planning portfolio. 5.2.3

---

**5.3 Assess the importance of financial literacy to personal success using budgeting strategies to meet future life sustaining education, career and family goals.** 5.3

- 5.3.1 Compare and contrast wants vs. needs. 5.3.1
- 5.3.2 Identify elements of a monthly budget. 5.3.2
- 5.3.3 Calculate the opportunity costs of educational choices. 5.3.3