

Cosmetology and Related Services 12.0400.00

APPLY PRINCIPLES OF PROFESSIONAL AND CAREER DEVELOPMENT TO SUCCEED IN THE COSMETOLOGY INDUSTRY CARS.1.0

- a** Evaluate effective verbal and non-verbal communication techniques to interact with staff, clients, and peers CARS.1.1

- b** Apply active listening skills during communication CARS.1.2

- c** Use culturally sensitive language CARS.1.3

- d** Identify factors that contribute to the success of a salon [i.e., technician, personality traits (attitude, enthusiastic, listener, self-confidence), customer service, customer satisfaction, etc.] CARS.1.4

- e** Complete pre- and post-client consultation, documentation, and analyses CARS.1.5

DEMONSTRATE SANITATION PRECAUTIONS, INFECTION CONTROL MEASURES, AND FIRST AID PROCEDURES TO ENSURE PROPER SALON STANDARDS ACCORDING TO ARIZONA'S CODE R4-10-112 (SAFETY AND SANITATION) CARS.2.0

- a** Read, interpret, and follow manufacturer instructions and SDS guidelines for all products and services (i.e., chemical relaxers, hair color, etc.) CARS.2.1

- b** Apply sanitation and infection control to maintain state health guidelines within a professional salon, prior to, during, and at the end of services CARS.2.2

- c** Identify the pathogens (e.g., bacteria, virus, and fungi) present in salon environments and risks to clients and licensure CARS.2.3

- d** Demonstrate proper first aid techniques and emergency procedures (i.e., cuts and abrasions, hair loss, burns, bacterial infections, slip and fall injuries, allergic injuries, etc.) CARS.2.4

- e** Apply safe handling techniques and procedures in the use of disinfecting products, tools, and equipment (i.e., styling brushes, shears, shampoo bowls, razors, etc.) CARS.2.5

- f** Comply with Occupational Safety and Health Administration (OSHA) standards [e.g., the Hazard Communication Standard (hazcom), and Safety Data Sheets (SDSs)] CARS.2.6

ANALYZE THE ANATOMY, PHYSIOLOGY, AND HISTOLOGY OF THE

- a** Identify systems and organs of the human body and their functions CARS.3.1

- b** Identify the structure and function of cells CARS.3.2

HUMAN BODY AS IT RELATES TO THE COSMETOLOGY PROFESSION CARS.3.0

- c Evaluate skin diseases and disorders to determine when services should be safely performed (i.e., psoriasis, dermatitis, MRSA, etc.)** CARS.3.3
- d Evaluate the structure and functions of the skeletal, muscular, and nervous systems** CARS.3.4
- e Compare the integumentary and lymphatic systems in relation to each other and their role in the human body** CARS.3.5

ANALYZE PRINCIPLES OF CHEMISTRY AND ELECTRICITY AS THEY RELATE TO COSMETOLOGY CARS.4.0

- a Explain pH scale and how it relates to cosmetology** CARS.4.1
- b Explore electricity and electrotherapy, their uses and effects (i.e., electrodes, blue light vs. red light, ultraviolet, infrared, etc.)** CARS.4.2
- c Evaluate chemical labels for proper application of products and effects on hair, skin, and nails** CARS.4.3
- d Describe chemical burn symptoms and treatment** CARS.4.4

EVALUATE TRICHOLOGY AS IT REFERS TO COSMETOLOGY CARS.5.0

- a Evaluate the properties of the hair and scalp** CARS.5.1
- b Demonstrate shampooing, rinsing, and conditioning of hair** CARS.5.2
- c Evaluate and demonstrate draping and scalp massage** CARS.5.3
- d Evaluate growth and structure of different hair types** CARS.5.4

APPLY THE PRINCIPLES OF HAIRSTYLING CARS.6.0

- a Demonstrate elements and principles of hair design/styles [e.g., elements (line, form, space, texture, color); principles (proportion, balance, rhythm, emphasis, harmony)]** CARS.6.1
- b Identify specialized styling techniques (i.e., braiding, extensions, thermal irons, blow drying, wet styling, etc.)** CARS.6.2
- c Evaluate different facial shapes and proportions (e.g., styles to enhance or camouflage facial features)** CARS.6.3

APPLY THE PRINCIPLES OF HAIRCUTTING CARS.7.0

- a Choose appropriate and essential haircutting tools (e.g., shears, razors, clippers, and texturizing tools)** CARS.7.1
- b Demonstrate different haircutting methods and techniques (i.e., various elevations, basic haircuts, combining techniques, etc.)** CARS.7.2

DEMONSTRATE HAIRSTYLING TECHNIQUES CARS.8.0

- a Explain the influences of hair type (e.g., wave pattern and hair texture) on hairstyle** CARS.8.1
- b Explain the three basic profiles (e.g., straight, convex, and concave)** CARS.8.2

c Demonstrate thermal styling techniques CARS.8.3

d Demonstrate wet styling techniques CARS.8.4

e Demonstrate long hair styling techniques CARS.8.5

f Demonstrate advanced hairstyling techniques CARS.8.6

g Demonstrate various braiding techniques CARS.8.7

**DEMONSTRATE
CHEMICAL TEXTURIZING
OF HAIR** CARS.9.0

a Demonstrate hair analysis to perform appropriate chemical texturizing on a variety of hair types CARS.9.1

b Demonstrate perm wrapping techniques in creating hairstyles CARS.9.2

c Demonstrate chemical relaxing processes in creating hairstyles CARS.9.3

d Demonstrate curl reforming in creating hairstyles CARS.9.4

**DEMONSTRATE HAIR
COLORING
TECHNIQUES** CARS.10.0

a Evaluate the relationship between color theory in relation to the law of color (e.g., color classifications) CARS.10.1

b Identify FDA- and state-mandated patch testing to determine sensitivity to product CARS.10.2

c Evaluate existing hair color of a client as it relates to additional color considerations and application procedures CARS.10.3

d Change existing hair color with temporary color, semi-permanent color, oxidative color, surface painting, slicing, weaving, double process blond, and corrective color according to coloring techniques CARS.10.4

e Evaluate chemical actions of hair lighteners and color removers CARS.10.5

f Demonstrate targeted color for hair and special effects step-by-step techniques CARS.10.6

**EVALUATE WIGS,
HAIRPIECES, AND
EXTENSIONS TO USE AS
A CHOICE IN
HAIRSTYLING** CARS.11.0

a Identify wigs, hairpieces, and extensions and their uses in hairstyling CARS.11.1

b Demonstrate proper care and maintenance of wigs and hair enhancements CARS.11.2

c Demonstrate procedures for taking wig measurements on a scalp, putting on a wig, and attaching extensions and hairpieces CARS.11.3

**DEMONSTRATE
MORPHOLOGY AND
TREATMENT OF THE
NAIL** CARS.12.0

a Identify nail service to be provided CARS.12.1

b Recognize symptoms of nail diseases and disorders CARS.12.2

c Consult with client CARS.12.3

d Prepare client for selected nail service CARS.12.4

e Perform nail technology modalities and procedures CARS.12.5

**DEMONSTRATE
MORPHOLOGY AND
TREATMENT OF THE
SKIN** CARS.13.0

a Prepare and consult with client CARS.13.1

b Analyze facial skin for treatment CARS.13.2

c Recognize visual skin diseases and disorders CARS.13.3

d Perform selected facial service CARS.13.4

e Shape eyebrows CARS.13.5

f Apply makeup CARS.13.6

g Perform proper extraction technique CARS.13.7

h Perform skin modalities and treatments CARS.13.8

i Perform safe lash and eyebrow tinting CARS.13.9

j Apply artificial eyelashes CARS.13.10