

# Dance: Grade 1

Adopted 2006

## Produce

**Demonstrate movement in various tempos, rhythms, and meters.**

Combining various tempos

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**Demonstrate the element of space through movement involving size, level, shape, direction, and pathways.**

Demonstrating laterality

Demonstrating isolated movements of various body parts

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**Demonstrate movement that has a relationship to a person, place, or object.**

Demonstrating leading, following, mirroring, and sculpturing

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**Create movement with varying degrees of energy.**

Creating sequences with a beginning, middle, and end

Improvising movement based on concepts, ideas, and feelings

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**Demonstrate proper body alignment for the head, shoulders, hips, and feet while standing.**

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**Demonstrate basic even and uneven locomotor movements.**

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## Respond

**Describe movement that reflects contrasting elements of time, space, and energy.**

Identifying beginning, middle, and end of movement sequences

Relating movement to concepts, ideas, and feelings

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**Identify movement qualities in music.**

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**Identify choreographic elements in a dance.**

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## Understand

**Demonstrate the ability to move safely through general space without touching others.**

Demonstrating locomotor movements safely while holding hands with a partner

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**Demonstrate traditional American dances in various cultures.**

Describing the use of the Internet to discover traditional dances

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**Explain how adequate rest, nutrition, and exercise affect dancers.**

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**Demonstrate concepts from other content areas through movement.**